

An abstract graphic design featuring a vibrant, multi-colored background with a gradient from yellow to orange to green. In the upper left, three large, overlapping arrows point to the right, colored red, yellow, and green. Below these, several stylized human figures in various colors (blue, yellow, red, purple) are depicted in dynamic, running or jumping poses, suggesting movement and energy. The overall composition is energetic and modern.

ReadySetGo

Introduction

ReadySetGo

Introduction to the

ReadySetGo Team Multiplication Kit

Training sessions, leader's information
and menu of the sports movement resources.
See the website for the latest resources:

www.ReadySetGo.world

This Kit is given to you freely to help you make disciples for Christ in all nations in the world of sport and play. These materials and the larger ReadySetGo Multiplication Kit have been written by hundreds of people from every continent.

NOT FOR RESALE

English Language Version 1 (*released Oct 2024*)

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The sport movement

Transforming Sport Everywhere



Introduction

The global sports movement is at a wonderful and unique point in history. We have the opportunity to serve every city and community by serving athletes within the sports world everywhere. We can also connect with many people through their love of sport and play.

Ultimately it is about learning to make disciples for Christ wherever we are ... sports fields, churches, gymnasiums and workplaces. We're transforming sport everywhere!

This kit is given to help multiply this remarkable disciple-making sports movement.

The tools in the kit will help us all to explain to church and agency leaders the simple potential of sports ministry. It contains information, training sessions and links to the entire library of sports movement resources. Everything is free and ready to use!

We can impact our local community as well as pioneer initiatives in surrounding new locations.

In this season, the sport movement has a significant focus to GO to All People, Places, and Sports where we see little impact, via sport and play. We are challenged by the fact that there are gaps between where we are today and the "ALL nations" part of Jesus' command in Matthew 28:18-20.

All, all, all, ALL

We are also encouraged to GO confidently to ALL nations because we've been given ALL authority and He will be with us AL(L) ways. This commission is given to ALL followers of Jesus, and not just a select few. We understand that this may not be easy, may involve stepping out of our 'comfort zone', and will require sacrifice.

Are we willing to try?

Are we willing to GO?

What is ReadySetGo?

Transforming sport everywhere is like running a race.

There are three words used at the start of many running races:

Ready – gather at the starting blocks

Set – prepare to run our best race

Go – run the race

In the sports movement, these 3 words describe our “race” of following Christ and making disciples in the world of sport.

READY	See God’s vision	Gather and envision people to understand God’s vision for making disciples for Christ in sport. Look and listen to what God is calling us to do.
SET	Get equipped	<p>Grow as mature disciple-makers, leaders, and teams in our ...</p> <ul style="list-style-type: none"> ▪ Heart – What we value most as disciples of Jesus ▪ Mindset – Character, Wholeness (body, mind and spirit) ▪ Skills – Disciple-Making, Bible Handling, Facilitation ▪ Community – Teamwork, Partnering, and more
GO	Make disciples	Using practical strategies, go make disciples in the diverse contexts of sport, fitness, action sport, all ability, gaming, and play.

We don't just run a race once, we run it again and again.

In the sports movement this is also true. The process of getting people ready, set, and then sending them out happens over and over again.

It is a cycle of making disciples who also then make disciples.

The race starts with Jesus

It all begins with Jesus.

The book of Hebrews says "Let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith." Hebrews 12:1b-2a (NIV)

Jesus is the starter and the finisher of this great race we are describing.

Every city

Every community

In Matthew 28:19 Jesus asked us to go and make disciples. In Acts 1:8 Jesus told us He would teach, empower, and guide us with the Holy Spirit and asked us to go to the ends of the world. Start where you are and move outwards.

To every city. To every community.

What a remarkable moment in history you and I live in. We are seeing the Great Commission being fulfilled in the world of sport and play.

It is hard to find a village or island where there is no sport or play. In most of the world's cities, towns, and villages, sport is the language that is understood, experienced, and enjoyed. No activity other than a global Games or World Cup style event has a viewing audience in the billions.

In sport, there is a harvest that is ready, however as Jesus explained in Matthew 9:37, the laborers are few. Our challenge and opportunity is to raise up servant-hearted local sports ministry teams, which multiply themselves, to serve each village, town and city.

Making disciples

who make disciples

ReadySetGo is about disciples who make disciples who make disciples.

The sports movement seeks to be faithful to Jesus' command to make disciples everywhere. As we learn in team sports, any team effort requires each person to play their part.

Disciple-making is the same. This is a team effort where we all play a role in making disciples who then join in and also make disciples. Jesus has gifted everyone in the Body of Christ with a part to play.

Whether a child, a teenager, an older person, an athlete, an official, a coach, a parent, or a professional person – all have a part to play in making disciples for Christ in sport and play.

See the opportunity

In Matthew 9:36 (NIV) it says that when Jesus “saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.”

- We live in a world of need. How will you use your days, weeks, and years to serve the Lord?
- Are you one of Christ’s followers within the world of sport? Can you encourage sportspeople to live out their faith at the highest and most demanding levels of sport?
- As you pray and talk with your team do you believe you are being led to travel to nearby locations to raise up a local team? Or called by the Lord to distant locations on your continent or beyond?

As a sport movement, we believe that together we can accomplish Jesus’ call to raise up and train disciple-making teams to the ends of the earth. The most remote, uttermost, and farthest parts of the earth.

There is a remarkable opportunity before us to serve the world of sport and empower every community with a team ready to serve.

- Will you join God in what He is already doing in many countries, cities, islands, and villages?

If you are willing, then let’s get Ready.

Let’s TRANSFORM SPORT EVERYWHERE!

ReadySetGo Multiplication Kit

The training sessions in this booklet are additional and new sessions that build on the much larger set of trainings in the **ReadySetGo Multiplication Kit**. You can download it from [here](#).



READY – The Vision

The vision of the sports movement:

Make disciples in all nations for Christ in the world of sport.*

**Sport includes competitive sport, fitness, play and recreation, action sport, all ability sport, and gaming.*



Ready resources and tools

SET – The Heart, Mindset, Skills and Community of leaders

Set our hearts, minds, skills and community on making disciples for Christ.

The Heart

What we do

- Proclaim the Gospel
- Make disciples
- Obey the Bible

Where we serve

- In and through the Church
- In sport and play
- In every city and every community

How we do it

- As servants
- In teams
- By partnering

Mindset (head)

Christ centered, kingdom focused, maturing daily.

- Wholeness of body and mind – health and fitness, relationships and resilience
- Wholeness of spirit – daily spiritual disciplines that help us grow as believers
- Character – honesty, generosity, self-control and more

Skills (hand)

The skills that leaders and teams need to continually grow in include;

- Disciple-Making
- Bible Handling
- Facilitation

Community (home)

The community of believers maturing on mission.

- Teamwork
- Partnering
- and more



Set resources and tools

The Way We Serve Together

The sport movement has developed a practical and helpful way to serve together based on biblical principles. It is about being a selfless, servant leader and, willing to serve in a team, in the model that Jesus showed.

It can summarized in 7 ways:

1	Leadership	Leadership is more about serving, and less about titles and position.
2	Partnering	Partnering is more about serving together, and less about one person or one group.
3	Open source	Open source is about creating tools together and sharing them generously. All materials are shared by the movement and not owned by any organization.
4	Online security	Online security protects others by protecting their sensitive information.
5	Relationships	Relationships need to be strong. Trust needs to be nurtured.
6	Kingdom ways	The ways of Jesus' Kingdom are often surprising and often different to the ways of the world.
7	Virtues	We encourage diversity, passion, empowerment of others, holiness, integrity, good stewardship, creativity, humility, and interdependence.

Journey of leadership as roles change

We are all at different stages of the journey with our teams and play different roles in our leadership. Here are three basic roles:

Disciple-maker

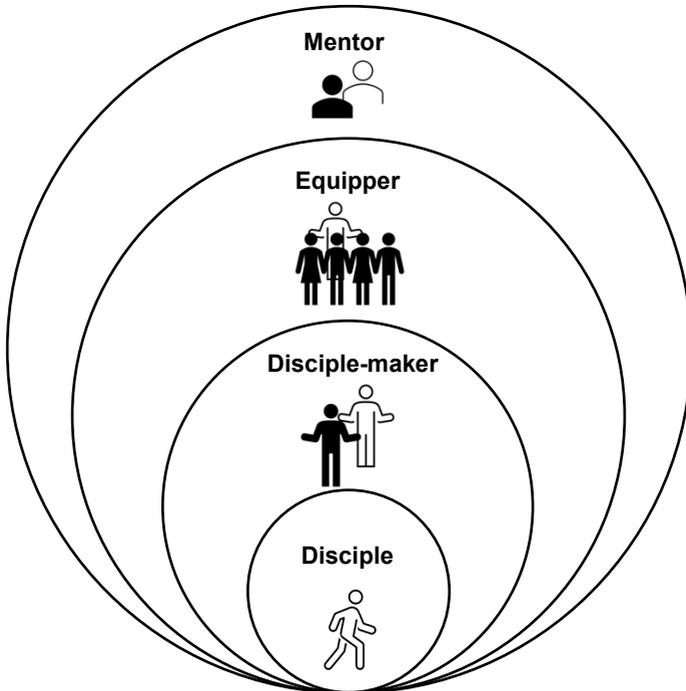
- Follower of Jesus, disciple-maker, team starter

Equipper

- Trainer, teacher, organizer, team builder

Mentor

- Elder, encourager, supporter, catalyzer, networker, teams, and network multiplier



Whatever our role in leading, we always remain a disciple-maker. We never graduate from this. It's the primary role Jesus calls us to. An equipper is also a disciple-maker. A mentor is also a disciple-maker.

Tools to help each stage of leadership development

Each stage – Disciple-maker, Equipper, and Mentor - also has unique needs. There are tools and strategies specific to your role to help you be most effective as a leader. The key is to be a life-long learner in whatever stage you are at.

Here are some tools to help you grow and expand your capacity.

Disciple-maker	Bible, 'Live it out' kits, Capacity Kits, LMS online courses, Keys to Leadership Development Kit
Equipper	Bible, Equippers guide, ReadySetGo multiplication kits, LMS online courses, Keys to Leadership Development Kit
Mentor	Bible, Mentors challenge list, LMS online courses, Keys to Leadership Development Kit

Keys to leadership development

Keys to Leadership Development are a way of identifying the essential elements required to develop a leader who is mature and multiplying. It's about being a life-long learner with God. To apply powerful lessons of leadership into your life is much more than sitting in a lecture or sermon or hearing some new ideas in a training session. What else is required?

Eight keys are identified here. Each key plays a part in forming the holistic leader. Some elements may be more powerful than others in a particular season of a leadership journey, but they are all needed.



The 8 keys are: Teaching, Resources, Experiences, Mentoring, Modeling, Community, Accountability, and Responsibility.

1. Teaching	Well-structured instruction based on the Bible and best practice
2. Resources	Great tools to use and share
3. Experiences	Opportunities to try new ideas and learn from them
4. Mentoring	Someone who can coach in next goals and challenges
5. Modelling	Seeing and experiencing inspiring people and places where powerful things are happening
6. Community	Belonging to people who will encourage and walk alongside you
7. Accountability	Others holding you accountable. Building mutual community accountability.
8. Responsibility	Being entrusted to step up, be trustworthy, and be accountable for growth.

Find more on this in the 'Keys to Leadership Development Kit'.

Go Strategies

The sport movement has many different ways to serve sportspeople, the sports world and the whole world through sport.

Each one focuses on a different context, area or group of people with the goal of achieving the vision of making disciples for Christ in the world of sport and play.

The Go Strategies can be implemented or adapted for every unique context. New Go strategies are created every year! You can create one too!

There are Go strategies in the following areas:

	<p>Go Sport - Competitive sport</p>	<p>Go strategies for Chaplaincy, Coaching, Whole Life Coaching, Sports Camps and Academies plus many others.</p>	
	<p>Go Play - Recreational sport and play</p>	<p>Go strategies for KidsGames, Family on Mission, Community Festivals, Camps, Sports Community, Youth Leadership Development and more.</p>	
	<p>Go Fitness - Health and fitness</p>	<p>Go strategies in health and fitness for people in running their own fitness programs or joining a local gym or group.</p>	
	<p>Go Action - Action sports</p>	<p>Go strategies for all types of actions sports including surfing, skating, climbing and more</p>	

	<p>Go All Ability - All Ability athletes</p>	<p>Go strategies and integration tools for sportspeople with intellectual and physical disabilities.</p>	
	<p>Go Game - Gaming and Esports</p>	<p>Go strategies for those competing and playing online.</p>	