



# DOCTRINAL FOUNDATIONS OF MENTORSHIP

PARTICIPANT HANDBOOK

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CHURCH of  THE NAZARENE  
MESOAMERICA



## INTRODUCTION

A look at the mentoring relationship between David and Nathan described in 2 Samuel 12. Take a few minutes to write your responses to these questions:

1. How would you describe the mentoring approach Nathan takes with David?
  
  
  
  
  
  
  
  
  
  
2. Why do you think this approach was effective?
  
  
  
  
  
  
  
  
  
  
3. How does this story help you in determining how to engage others in a mentoring relationship?

The importance of mentoring is reflected in this statement: "You can count the number of \_\_\_\_\_ in one \_\_\_\_\_, but impossible to count the number of \_\_\_\_\_ in one \_\_\_\_\_." (source unknown)

Connect with the class schedule. In this course we will learn why mentoring is foundational to our Wesleyan / Arminian beliefs. We will learn how the Church of the Nazarene affirms the need for mentoring to become more Christlike in our life journey.

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## SESSION I

The Manual of the Church of the Nazarene (p. 46) teaches us the importance of the \_\_\_\_\_ as illuminated and guided by the Holy Spirit.

### INDIVIDUAL EXERCISE

Take 5 minutes and think about someone(s) you have met outside of your country and how they have impacted your life? Did they mentor you in any way? Did you mentor them? Write your thoughts down here.

### GROUP SHARING

Share one of those names and a short example of how the relationship helped you.

About the Church of the Nazarene:

Members:

General Assembly Delegates:

## SECTION II - THE COVENANT OF CHRISTIAN CONDUCT (MANUAL PP. 54 & 55)

Read through the following section of the Manual and circle or underline the words that describe a mentoring relationship:

*“We affirm belief in a God whose creation is an act of love. Having experienced God as holy love, we understand the Trinity to be a unity of love among Father, Son, and Holy Spirit. Therefore, we are made with a yearning for connection with others at the core of our being. That yearning is ultimately fulfilled as we live in covenanted relationship with God, the creation, and loving one’s neighbor as one’s self. Our creation as social beings is both good and beautiful. We reflect the image of God in our capacity to relate and our desire to do so. The people of God are formed as one in Christ, a rich community of love and grace. Within this community, believers are called to live as faithful members of the body of Christ. Singleness among the*

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A series of horizontal lines for writing, overlaid on a faint geometric pattern of overlapping hexagons and squares.



To be identified with the visible Church is the blessed privilege and sacred duty of all who are saved from their sins and are seeking completeness in Christ Jesus. It is required of all who desire to unite with the Church of the Nazarene, and thus to walk in fellowship with us, that they shall show evidence of salvation from their sins by a godly walk and vital piety; and that they shall be, or earnestly desire to be, cleansed from all indwelling sin. They shall evidence their commitment to God.

**FIRST.**

By doing that which is enjoined in the Word of God, which is our rule of both faith and practice, including:

1. Loving God with all the heart, soul, mind, and strength, and one's neighbor as oneself (Exodus 20:3-6; Leviticus 19:17-18; Deuteronomy 5:7-10; 6:4-5; Mark 12:28-31; Romans 13:8-10).
2. Pressing upon the attention of the unsaved the claims of the gospel, inviting them to the house of the Lord, and trying to compass their salvation (Matthew 28:19-20; Acts 1:8; Romans 1:14-16; 2 Corinthians 5:18-20).
3. Being courteous to all people (Ephesians 4:32; Titus 3:2; 1 Peter 2:17; 1 John 3:18).
4. Being helpful to those who are also of the faith, in love forbearing one another (Romans 12:13; Galatians 6:2, 10; Colossians 3:12-14).
5. Seeking to do good to the bodies and souls of people; feeding the hungry, clothing the naked, visiting the sick and imprisoned, and ministering to the needy, as opportunity and ability are given (Matthew 25:35-36; 2 Corinthians 9:8-10; Galatians 2:10; James 2:15-16; 1 John 3:17-18).
6. Contributing to the support of the ministry and the church and its work in tithes and offerings (Malachi 3:10; Luke 6:38; 1 Corinthians 9:14; 16:2; 2 Corinthians 9:6-10; Philippians 4:15-19).

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7. Attending faithfully all the ordinances of God, and the means of grace, including the public worship of God (Hebrews 10:25), the ministry of the Word (Acts 2:42), the sacrament of the Lord's Supper (1 Corinthians 11:23-30); searching the Scriptures and meditating thereon (Acts 17:11; 2 Timothy 2:15; 3:14-16); family and private devotions (Deuteronomy 6:6-7; Matthew 6:6).

## SECOND.

By avoiding evil of every kind, including:

1. Taking the name of God in vain (Exodus 20:7; Leviticus 19:12; James 5:12).
2. Profaning of the Lord's Day by participation in unnecessary secular activities, thereby indulging in practices that deny its sanctity (Exodus 20:8-11; Isaiah 58:13-14; Mark 2:27-28; Acts 20:7; Revelation 1:10).
3. Sexual immorality, such as premarital, extramarital, or same-sex relations; perversion in any form or looseness and impropriety of conduct (Genesis 19:4-11; Exodus 20:14; Leviticus 18:22; 20:13; Matthew 5:27-32; Romans 1:26-27; 1 Corinthians 6:9-11; Galatians 5:19; 1 Thessalonians 4:3-7; 1 Timothy 1:10).
4. Habits or practices known to be destructive of physical and mental well-being. Christians are to regard themselves as temples of the Holy Spirit (Proverbs 20:1; 23:1-3; 1 Corinthians 6:17-20; 2 Corinthians 7:1; Ephesians 5:18).
5. Quarreling, returning evil for evil, gossiping, slandering, spreading surmises injurious to the good names of others (2 Corinthians 12:20; Galatians 5:15; Ephesians 4:30-32; James 3:5-18; 1 Peter 3:9-10).
6. Dishonesty, taking advantage in buying and selling, bearing false witness, and like works of darkness (Leviticus 19:10-11; Romans 12:17; 1 Corinthians 6:7-10).

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## SESSION IV – THE ARTICLES OF FAITH #11- THE CHURCH

The Manual of the Church of the Nazarene provides 16 Articles of Faith that provide our foundational doctrinal beliefs. Article 11 focuses on The Church. Take 5 minutes and read through this statement and underline or circle the words that identify mentoring.

*“We believe in the Church, the community that confesses Jesus Christ as Lord, the covenant people of God made new in Christ, the Body of Christ called together by the Holy Spirit through the Word. God calls the Church to express its life in the unity and fellowship of the Spirit; in worship through the preaching of the Word, observance of the sacraments, and ministry in His name; by obedience to Christ, holy living, and mutual accountability. The mission of the Church in the world is to share in the redemptive and reconciling ministry of Christ in the power of the Spirit. The Church fulfills its mission by making disciples through evangelism, education, showing compassion, working for justice, and bearing witness to the kingdom of God. The Church is a historical reality that organizes itself in culturally conditioned forms, exists both as local congregations and as a universal body, and also sets apart persons called of God for specific ministries.”(P33 manual CON)*

God calls the Church to live under His rule in anticipation of the consummation at the coming of our Lord Jesus Christ. (Exodus 19:3; Jeremiah 31:33; Matthew 8:11; 10:7; 16:13-19, 24; 18:15-20; 28:19-20; John 17:14-26; 20:21-23; Acts 1:7-8; 2:32-47; 6:1-2; 13:1; 14:23; Romans 2:28-29; 4:16; 10:9-15; 11:13-32; 12:1-8; 15:1-3; 1 Corinthians 3:5-9; 7:17; 11:1, 17-33; 12:3, 12-31; 14:26-40; 2 Corinthians 5:11-6:1; Galatians 5:6, 13-14; 6:1-5, 15; Ephesians 4:1-17; 5:25-27; Philippians 2:1-16; 1 Thessalonians 4:1-12; 1 Timothy 4:13; Hebrews 10:19-25; 1 Peter 1:1-2, 13; 2:4-12, 21; 4:1-2, 10-11; 1 John 4:17; Jude 24; Revelation 5:9-10)

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### SMALL GROUP EXERCISE

Now you will have 20 minutes to go into small groups and review your underlined words. As a group, organize the words that you have circled or underlined into major categories that help us understand the role of mentoring in the local church. Each group will have five minutes to share your results.

## SECTION V – WESLEY’S RULES OF THE BAND

Origin:

Purpose:

The four primary questions:

1. What known \_\_\_\_\_ have you committed since our last meeting?
2. What \_\_\_\_\_ have you met with?
3. How were you \_\_\_\_\_?
4. What have you \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_, of which you doubt whether it be sin or not?

You will now have 10 minutes for small group discussion on the following questions:

1. Have you ever been in a mentoring relationship where these questions were asked of you? Why? Why Not?
  
2. Would Wesley’s Rules of the Band concept work in your church today? Why? Why Not?

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The mission statement for the Church of the Nazarene, “to make \_\_\_\_\_ in the nations” is fulfilled when \_\_\_\_\_ is in place.

## SECTION VI – SERVANT LEADERSHIP AND IMPACT MENTORING

Robert Greenleaf identifies 10 Characteristics central to serving as a mentor to others. (Northouse, Leadership Theory and Practice, 2013). These 10 Characteristics are as follows:

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.
6. \_\_\_\_\_.
7. \_\_\_\_\_.
8. \_\_\_\_\_.
9. \_\_\_\_\_.
10. \_\_\_\_\_.

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Dr. John Bowling (Grace-Full Leadership, 2011) identifies Ninw ways that a leader influences another toward impact mentoring:

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.
6. \_\_\_\_\_.
7. \_\_\_\_\_.
8. \_\_\_\_\_.
9. \_\_\_\_\_.

**SECTION VII – CLOSING THOUGHTS**  
**THE EPIC JOURNEY OF A SUPERHERO:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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Think about your own journey and the difference mentoring can make. Who were the people most impactful in helping you become the person you are today?

The importance of impact mentoring continue through your leadership. Lessons from Flying Geese.

- **Fact # 1:** As each goose flaps its wings, it creates \_\_\_\_\_ for the birds that follow.
- **Fact # 2:** When a goose falls out of \_\_\_\_\_, it suddenly feels the drag and \_\_\_\_\_ of flying alone. It quickly moves back into formation to take advantage of the lifting power of the bird immediately in front of it.
- **Fact # 3:** When the lead goose \_\_\_\_\_, it rotates \_\_\_\_\_ into the formation and another goose flies to the point position.
- **Fact # 4:** The geese flying in formation \_\_\_\_\_ to \_\_\_\_\_ those upfront to keep up their speed.
- **Fact # 5:** When a goose gets \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_, two geese drop out of formation and follow it down to help and protected. They stay with it until it dies or is able to fly again. Then they launch out with another formation or catch up with the flock.

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